

## **Take It Home**

### **Build Your Own Spiritual Evaluation List**

We are usually more committed to something when we take ownership of it. Take the time to make a list of spiritual expectations you have of yourself. Include personal areas of your life that you want to improve or come to understand better. You might even ask your mate for input in putting such a personal growth checklist together. Evaluate what it is about your own character that has made it challenging to change or grow in the past.

### **Suggested Reading for Further Study**

Below is a list of a number of articles posted on the LHT website for further reading. The articles are also listed within the lesson outline, showing which points in the lesson they relate to:

- [“Self-Examination: Asking the Hard Questions”](#)
- [“Self-Examination Doesn’t Stop With Passover”](#)
- [“Spiritual Examination: How Deep Is Your Focus?”](#)
- [“Baptism, Commitment and Recommitment”](#)
- [“Lessons From My Teeth”](#)
- [“Commitment: Is It About to Become Extinct?”](#)
- [“Self-Justification ... or Justified by God?”](#)
- [“Are You Big Enough to Be Small?”](#)
- [“Why Fast?”](#)
- [“My Love/Hate Relationship With Fasting”](#)

### **Key Scriptures Cited**

Matthew 5:48	Psalms 141:5	John 13:12-16
Jeremiah 17:9	Ecclesiastes 7:5	Isaiah 58:1-9
1 Corinthians 11: 27-31	Proverbs 12:15	Joel 2:12-13
2 Corinthians 13:5	Psalms 51:1-3	Matthew 17:21
Proverbs 21:2	Psalms 32:5	Psalms 51
Proverbs 4:26-27	Proverbs 28:13	2 Timothy 3:1-5
Psalms 119:59	Matthew 7:2-5	Mark 7:20-23
Psalms 139:23-24	Genesis 3:12-13	Galatians 5:19-26
1 Corinthians 11:27-31	Job 32:2	1 Corinthians 13:4-7
Psalms 51:7-11	Psalms 25:9	
Proverbs 27:6	Isaiah 66:2	